

CAT new Special Interest Groups [SIG] Development Page

CAT-Technology SIG

As therapists, supervisors, or trainers, we are all using more technology in our work. This brings both risks and opportunities. CAT-TAST [Technology Assisted Supervision And Training] SIG is an online group that set out for those interested in sharing their experience of technology assisted supervision or training, and a forum to explore and extend our clinical strengths using technology to enrich our work.

The focus of the group's interest has broadened, so that if you have an interest in digital technology and its' interplay with delivering supervision and therapy, maybe this would interest you? It aims to stimulate the curiosity cat in you, and to give careful thought about all related issues, with the ultimate aim of promoting fluency with online use in a safe and ethical practice. The group meets via webinar on Zoom every last Monday of the month.

Zoom is an internet visual, audio webinar media www.zoom.us

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Climate Change SIG

How psychotherapy has changed! From its inception, its focus has been on the inner world. CAT's powerful model of the reciprocal role identifies inter-relations between a dialogic vastness of the Self to Self relations; the Self to Other and to the Outer World. Coupled with the illuminating and fertile dialogue with Bakhtinian chronotopic analysis, we as CAT informed readers have a relationship with the time and space which we inhabit.

This group coalesced through psychotherapy trainees exploring our relationship, resources and challenges from the risk of being dissociated from the encroaching risk of climate change.

We practice resource installation and psychotherapeutic reflection in order to support change; in our CAT Climate Change group – we aim to explore and cross-fertilize dialogue and thought on our relationship as CAT informed readers, therapists, psychotherapists and interested lay people to explore our stance with the world in which we live. Drawing on CAT's mapping processes on climate change with Steve Potter, we invite expressions of interest for joining our monthly webinars through Zoom.

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Other SIGs

Regional CAT groups have grown over time. We understand the boundlessness of space in this age of the internet which enables us to connect with special interests to further thought and development in specific fields. If you have an idea for a new Special Interest Group pertaining to a clinical discipline (for example -. working with marginalised clients; private work; creative arts; literature, expressions of interest are welcome. Other Special Interest Group updates can be found on www.acat.me.uk for members. If you are interested in setting up a new SIG please contact alison.marfell@acat.me.uk for more information

Image: Mersea Island
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The English coastal path of Mersea Island in the east coast of England is under threat of erosion. 200,000 tonnes of gravel are transported each year to Mersea Island which in turn protects the harbour. The waves wash the gravel back to the opposite coast and the transport cycle of fighting the tide harks to mind, King Canute and our conservation challenges.