



The Group for Cognitive Analytical Therapy (CAT) in the South of England.

- Offering Networking, Support, Training and CPD
- For CAT trainees, Practitioners and Psychotherapists, Supervisors and everyone who is interested in the practice of CAT

‘CAT AND RELATIONSHIPS’

‘FINDING A HELPFUL DIALOGUE FOR COUPLES IN TROUBLE’

SPEAKER: CHERRY BOA

on Friday 6th March 2015 – 9am for 9.30 am start – 4.30pm

at CANTLEY HOUSE HOTEL, MILTON RD, WOKINGHAM, W. BERKS RG40 5QG

Tel: 0118 978 9912

This all day workshop is suitable for a wide range of participants ranging from those with some background in CAT, including supervisors and trainees to those from other psychological disciplines. The workshop will offer a day of experiential learning, where everyone can contribute ideas and practice issues

Cherry Boa is a senior CAT practitioner and supervisor – a founder member who worked with Anthony Ryle in St Thomas’s hospital as she was developing and refining the method. For several of the early years, she undertook the Introductory programme in London and the regions. Cherry also worked for many years in the NHS and in education and is now mainly in private practice. CAT – its theoretical basis and methodological application informs all her clinical work. She specialises in ‘couple therapy’ and finds the CAT way of thinking particularly helpful in disentangling complex problems.

Cost: **£65.00**

(Inclusive of lunch & refreshments) £40.00 for Trainees

Maximum Number of delegates: 25

TO BOOK: Contact Rajshree Weston at: catsouthgroup@gmail.com