

# Cognitive-Analytic Therapy 2016

## Location

Salomons Centre for Applied Psychology,  
Canterbury Christ Church University,  
Broomhill Road, Southborough,  
Tunbridge Wells, Kent, TN3 0TF

Sussex Partnership Trust and Salomons Centre for Applied Psychology are delighted to announce this new six day module on Cognitive-Analytic Therapy.

Those completing this module should have a good, foundational understanding of CAT theory and practice. Ideas from the approach should become usable both for direct work with clients and in indirect and consultative work with teams. The teaching will be delivered by experienced and senior Cognitive-Analytic therapists. Teaching will include didactic, experiential, role play and case-based work to support a thoughtful integration of the personal and professional, and the development of human and effective clinicians.

## Contact

For more information about the training content, please contact the course convener, Robert Marx, on: [robert.marx@sussexpartnership.nhs.uk](mailto:robert.marx@sussexpartnership.nhs.uk) / 01273 242099 or for information about the administration at Salomons, contact Viv Cousins on: [viv.cousins@canterbury.ac.uk](mailto:viv.cousins@canterbury.ac.uk) / 03330 117073

**Friday 1<sup>st</sup> April - 10 am – 5 pm**

Introduction to CAT 1

[Robert Marx](#)

**Friday 22<sup>nd</sup> April – 10 am – 5 pm**

Introduction to CAT 2

[Lis Mason](#)

**Friday 20<sup>th</sup> May – 10 am – 5 pm**

CAT with people with Personality Disorders

[Jane Blunden](#)

**Friday 17<sup>th</sup> June – 10 am – 5 pm**

CAT with people with Learning Disabilities

[Hilary Brown](#)

**Friday 9<sup>th</sup> Sept – 10 am – 5 pm**

CAT with older people

[Padmaprabha Dalby](#)

**Thursday 22<sup>nd</sup> Sept 10 am – 5 pm**

CAT with people with Eating Disorders

[Renate Pantke](#)

Study days (for Salomons' trainees only) for the module are on 12<sup>th</sup> May, 9<sup>th</sup> June, 23<sup>rd</sup> June and 15<sup>th</sup> September.

Sessions are open to mental health clinicians outside of Salomons. The two introductory sessions must be attended, plus any other session(s).

Individual sessions cost £75 each. The whole block costs £350.