



Catalyse | Change in Action

2-day Workshop :: 30-Nov-2017 and 1-Dec-2017

Time: 9:30am to 5:00pm

Venue: Manchester (tba)

Cost: £260.00

(includes lunch and refreshments)

Please note invoicing incurs a £15.00 additional fee

2-day workshop in CAT Supervision

**An ACAT accredited
2-day CAT Supervision
workshop facilitated by
Debby Pickvance and
Sarah Littlejohn**

Methods include:

- mapping relational patterns
- experiential exercises
- small group reflection
- role play
- trainer skills and demonstrations

For further detailed information about this workshop, plus additional reflective group session please visit the [Catalyse website](http://www.catalyse.uk)

Workshop details:

Catalyse is offering an intensive 2-day Supervision Workshop for those who are in the process of becoming ACAT accredited supervisors, those who are considering this step, or those wanting to improve their CAT supervision skills. It forms part of the formal ACAT training route - details at this link: www.acat.me.uk. It offers an ACAT-approved alternative to sitting-in with a senior supervisor.

The training will cover aspects of:

- the relational approach to CAT supervision
- challenges in the supervision relationship
- building a supervisory alliance
- use of self
- parallel process
- working with process in the room
- supervision of development of CAT tools
- dynamics in supervision groups
- enactments and ruptures
- ethical issues

Event hashtag #CATsup17

For full details and information including terms and conditions and to book your place please visit www.catalyse.uk.com/training/other-training-events/cat-supervision-workshop-30-nov-1-dec-2017/
or phone 07842 137745