



How well do we communicate about Cognitive Analytic Therapy?

Please tell us your views on how we explain and share information about Cognitive Analytic Therapy (CAT) online.

Visit our anonymous survey at the link below and share your views, whatever they are. The survey is **open to all**.

Results will be shared at a public engagement meeting in London in January 2019. If you want to get more involved in that meeting, or in other ways, you can leave your contact details at the end of the survey, or contact us separately on admin@acat.me.uk 01305 263511

<https://www.surveymonkey.co.uk/r/acatpublicengagement>



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Association for Cognitive Analytic Therapy