



The CAT Approach in Physical Health Conditions

Date : **Tuesday 28th January 2020**
Time : **9:30am to 4.30pm**
Venue : **Aintree Uni Hospital, Liverpool**
Cost : **£120 (plus £15 for invoicing)**
(Includes lunch and refreshments)

The Cognitive Analytic Approach in Physical Health Conditions



A one day workshop led by Glenys Parry & Alison Jenaway

This day will offer a CAT understanding of relational aspects of physical health difficulties. It will enable participants to build and maintain therapeutic alliance, and anticipate and respond to ruptures and enactments in this work.

Who is it for?

- ✓ Clinical & health psychologists
- ✓ Trainee and qualified CAT practitioners & psychotherapists
- ✓ Other professionals with basic knowledge of CAT wishing to learn more about managing physical health issues

Book now:
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www.catalyse.uk.com/

Aims of training:

- To understand the key principles of cognitive analytic reformulation including reciprocal roles and problem procedures
- To gain knowledge of common problem procedures in physical health conditions, including those described as medically unexplained symptoms
- To begin to develop skills in applying these principles to better understand people in one's own caseload
- To understand the concepts of a) contextual reformulation and b) systemic enactments within a health care organisation

Hashtag: #CAThealth20

More details:



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