

# Forensic CAT Conference

Tuesday 17<sup>th</sup> March 2020  
Radisson Blu, Durham

## Innovations in Working with Offenders: Using a Cognitive Analytic Model

Hosted by Ridgeway Hospital,  
Tees Esk and Wear Valley NHS Trust (TEWV)

This one day conference considers how Cognitive Analytic Therapy can enable a relational and versatile approach to management, treatment and care within forensic and criminal justice settings. There will be presentations of innovative practice from forensic services spanning the UK. The day will be structured between plenary presentations with opportunities in small groups to discuss applications, modifications and integrations, of the ideas and methods presented, to the varied professional and work settings of those attending.

### Topics to include:

Five features that make CAT an ideal resource

Using CAT to address Forensic Issues

Mapping with Senior Leaders: Developing a Reflective/Compassionate Culture

Using CAT to facilitate Shared Formulations in teams

Five features that make CAT an ideal resource for Trauma

Rethinking Assessment and Formulation: Using CAT with Women

Working with Sexual Offending using CAT

### A collaboration between Forensic Services:

Ridgeway Hospital, Tees Esk and Wear Valley NHS Trust  
John Howard Centre/Wolfson House, East London NHS Trust  
NHS Lothian and CAT Scotland  
NHS Great Glasgow & Clyde and NHS Fife  
Langdon Hospital, Devon Partnership NHS Trust

Bookings can be made online at [www.acat.me.uk](http://www.acat.me.uk)

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