

Forensic CAT Conference

Friday 29th March 2019
The Grand, York

Shared Thinking Space: Innovations in Reflective Practice in Forensic Settings

Hosted by Ridgeway Hospital,
Tees, Esk and Wear Valley NHS Trust (TEWV)

This one day conference offers people working in the forensic and criminal justice system an opportunity to consider how the Cognitive Analytic Therapy Model can be used to create a reflective and compassionate culture. There will be a range of presentations and in true CAT style these have been generated through a collaboration between forensic services spanning the UK. The day will hopefully offer not only a variety of learning opportunities and networking but time to reflect on the challenges of creating a space to think in the current climate.

It will be of value to those with a prior familiarity with the Cognitive Analytic methods and those new to such work but with an interest in relational approaches to mental health, risk management and team development.

This event will also see the relaunch of the Forensic CAT Special Interest Group.

A collaboration between Forensic Services:

Ridgeway Hospital, Tees, Esk and Wear Valley NHS Trust
John Howard Centre/Wolfson House, East London NHS Trust
NHS Lothian and CAT Scotland
NHS Great Glasgow & Clyde and NHS Fife
Langdon Hospital, Devon Partnership NHS Trust

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