**ACAT Annual Meeting of Trainers and Supervisors**

**Wednesday 21st and Thursday 22nd March 2018**

**St Anne's College, Oxford, OX2 6HS**

From 12 noon on Wednesday to 4 pm Thursday

The meeting is open to all trainers and supervisors, including trainee supervisors to whom we extend a very warm invitation, and also to members of ACAT’s committees in this inspiring and welcoming location.  The aim of each of the annual meetings has been to create and maintain a connective and fruitful dialogue so that we can monitor and develop the key role of supervisors and trainers in developing CAT practice in all its variety.

The 2016 Trainers and Supervisors Meeting focused on the theme of neuroscience, neurobiology and CAT. One of the outcomes has been the establishment of the new CAT and the Embodied Mind SIG which will be informing the Training Committee on incorporation of embodiment, neurobiology and neuroscience into CAT trainings and developing CPD opportunities. We aim to devote most of our time together this year to thinking about the CAT model of trauma 20 years on, and the challenges to CAT practice, supervision and training that working with trauma presents and how trauma may resonate through training and supervision groups. We are hoping to focus on developments in, and our understanding of, memory and the embodiment of trauma in relation to the CAT Multiple States Model; and issues for training and supervision raised by the use of EMDR and other trauma treatments alongside or within the CAT “envelope” - with a peer led programme that offers a mix of presentations, debate, discussion, group activity - but most importantly the opportunity to share our knowledge and skills with each other and learn from each other.

In addition, there will be space for topics for discussion suggested by delegates.  Attendees are therefore invited to think in advance about any areas that they wish to discuss with their peers relevant to CAT training and supervision. Please submit by email to Yvonne Stevens or Jason Hepple by 1stMarch 18.

***Whole event includes sandwich lunch, evening meal and student accommodation on Wednesday; breakfast and buffet lunch on Thursday.***