

Clinical Applications of Bakhtin in CAT – Dialogism in Action

A practical one-day workshop that aims to bridge the meaning gap between the theory of dialogism and clinical practice in CAT

Presented by Julia Coombes

Date: Friday 19th October 2018
Times: 9:30am till 4:30pm
Cost: ACAT Member £110 (online) / £125 (invoice/cheque) | Non-member £125(online) / £140 (invoice or cheque)
Location: Council Chamber, Institute of Biomedical Science, 12 Coldbath Square, London, EC1R 5HL

Overview / aims

Do you ever find yourself baffled by Bakhtin or unclear what dialogism means in real terms for your CAT practice?

This hands-on workshop will use practical resources and creative methods to help demystify the theory and offer some helpful tools and ideas that can enrich your clinical practice.

Workshop outline (learning outcomes)

- To offer a lively refresher of dialogism and the dialogic self – what this means and building understanding of the rich Bakhtinian concepts that underpin this.
- Joining a “community of voices” by sharing experiences and engaging in dialogue together.
- Presentation of case material illustrating examples of dialogic ways of working.
- To consider how jointly creating and using shared signs can deepen the work of therapy and allow for a reparative experience (recognition and revision).
- Exploration of how these often elusive-seeming ideas can be incorporated into your own therapy work in real practical terms.
- Time to experiment through use of role-play and small group work to try out new ways of working and practice the different techniques.
- Encouragement to consider how to build your own practical resources and take forward your learning from the day.

Who is this workshop for?

Trainee CAT Practitioners
Qualified CAT Practitioners and Psychotherapists
Other therapists who are familiar with CAT are also welcome to attend.

Presenter

Julia Coombes is a CAT Psychotherapist and Supervisor working with the Integrated Psychological Therapies Team in Reading, Berkshire. She has a longstanding interest in dialogism and creative ways of working within CAT particularly with personality disordered clients.

ACAT reserves the right to change programme content and presenters.

How to book

- Book and pay by personal credit or debit card online instantly through the ACAT web site: www.acat.me.uk/event/980/
- By email attaching the booking form to: alison.marfell@acat.me.uk
- By post enclosing the booking form and a cheque to: ACAT, PO Box 6793, Dorchester, DT1 9DL

Enquiries

- Email: alison.marfell@acat.me.uk Telephone: 01305 263511

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