

## CAT Supervisor Training: Senior Supervisor role, contract and payment

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The pattern of work is outlined in section 4

The role of the Senior Supervisor is an integral part of the whole process and we recommend that anyone who is/or who is thinking of becoming a Senior Supervisor reads the Handbook and familiarises themselves with the process and their part in this.

The Senior Supervisor

- Assists you in planning your training, helping you to identify your learning objectives and how these can be met
- Guides you in both a theoretical and practical capacity
- Advises on how to set up your group and provide mentoring throughout the journey
- Carries a shared responsibility for your training
- Meets with you as required in the preparation stage and Part 1 to monitor progression
- Supervises your supervision of the group in Part 2
- Observes actual practice, with segments of sessions brought to supervision, proposing that an audio tape of at least one supervision meeting is brought to the supervision (or may be reviewed outside this)
- Reflects with you on the feedback from your supervisees (see form in Appendix 6)
- Acts in a similar capacity to a Course Director. This means that s/he has ultimate responsibility for ensuring that you receive the appropriate self-directed learning to help you to qualify as a supervisor within ACAT

The above training pathway amounts to 14-16 hours from your Senior Supervisor. This should be viewed as the minimum training hours.

- Application: 1 hour
- Interim report: 1 hour
- Final report: 1 Hour
- Reading and discussing papers: 3 hours
- Training group preparation: 2 hours
- Supervision of supervision: 6+ hours

You will negotiate the fee for your Senior Supervision which would usually be based on ACAT supervision rates.

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