



Consent Form

for consent to publish personal information in Reformulation

Part 1 – to be completed by the author

Title of paper:

Name of person described:

Part 2 – individual’s consent

- I give my consent for personal material to appear in Reformulation. I understand and agree that once published into the public domain the materials may be beyond the control of ACAT and myself as defined in the Data Protection Act 2018.
- I have been offered the chance to read the material to be published.
- I understand that my name will be changed and every attempt will be made to ensure my anonymity.
- The material will be published in Reformulation which is sent out to Cognitive Analytic Therapists, but may also be seen by non-therapists.
- The article may also be placed on the ACAT website.
- The material will not be used for marketing purposes.

Signed

Dated

- I would like to write about the work that we did together.
- I would like it to be published in a journal (magazine).
 - I think people would be interested to hear about how Cognitive Analytic Therapy (CAT) was used with someone who has the kinds of problems that you have.
 - This may help other people with these kinds of problems, as other therapists may decide to use CAT therapy with their clients.
 - Your real name would NOT be used in the journal article.
 - Any information about you would NOT be used. Therefore people could not guess who you are.
 - I would like to use your diagram in the article. Your name would not be on the diagram.
 - You could read the journal article if you would like to.
 - You can say “No”.
 - If you say “Yes”, once the information is published you will not be able to change your mind. Information published into the public domain cannot be retrieved, altered or deleted.

Will you let me write about the work we did together? YES NO

Signed

Dated